

Western Roundup Living Sober

Courage to Change



SAN FRANCISCO 2022

July 1-3

Holiday Inn Golden Gateway

Welcome everyone to Western Roundup Living Sober 2022

My name is Dee and I am this year's very very grateful chair.

At the risk of sounding like a sound bite. I'm uber grateful to have had the opportunity to be of service. The conference has been an intricate part of my life since 1986, giving back on this level has been a gift.

Gratitude is the theme and I am so grateful for all my old friends that have shown up to help, physically, emotionally and yes, fiscally. Grateful for all my newer friends that have jumped on board to help by being of service, at fundraisers, making announcements and being the new sound of conference joy. Lastly for my newest and soon to be newer friends: If you are here in person, you are part of the crew that is making Living Sober 2022 a celebration, and an opportunity for fellowship and recovery.

Thank you for being a part of my sober this weekend and allowing me to be a part of yours. I hope the conference provides you with fellowship, recovery, and a wee bit of happy joyous free.

In Service

Dee H

Schedule of Events

FRIDAY July 1

4:00pm Lobby Level

Registration Opens

6:00pm Emerald Ballroom

Opening Meeting

with speakers Anthony L. and Hilda F.

8:30pm Emerald Ballroom

Variety Show



Schedule of Events

SATURDAY July 2

8:00am	Emerald Room	Sound Meditation
9:00am	Crystal Room Gold Rush A Nevada Gold Rush B	Successful Aging in Sobriety Is AA for Me? Abstinence vs. Harm Reduction (AA/CMA) AI-Anon Promises Archives Opens
10:00am	Emerald Room Crystal Room Gold Rush A Nevada Suite 2600-2604	Trans Meeting Came to Believe (AA Steps 1, 2, 3) Longtimers Panel (AA) Is AI-Anon for Me? (AI-Anon) BIPOC Coffee & Sweeties
11:00am	Emerald Room Crystal Room Gold Rush A Nevada Suite 2600-2604	AI-Anon Opening and Chip Meeting Taking the Leap (AA Steps 4, 5) Women's Meeting (AA) Relapse Prevention (AA/CMA) Trans Tea Party
12:00pm	Hotel Restaurant Suite 2600-2604	Marty Mann & Barry L. Luncheon Unity of Fellowships AA/AI-Anon/CMA Tea Time
1:00pm	Emerald Room Crystal Room Gold Rush B Oregon	BIPOC Meeting Removing Defect of Character (AA Steps 6, 7) Living Sober: The Remarkably Gay Life of Barry Leach (AA) Mental Health in Recovery (AA/AI-Anon)

Schedule of Events

SATURDAY July 2 - Continued

2:00pm	Emerald Room Crystal Room Oregon Nevada Gold Rush B	Spanish Speaking (AA/Al-Anon/CMA) Trust in your High Power (AA Steps 8, 9, 10) Sex in Sobriety (AA/CMA) Perfectionism, Procrastination, Paralysis (Al-Anon) Marty Mann: The Lady, The Legend, The Lesbian (AA) <i>Ends at 3:30pm</i>
3:00pm	Crystal Room Nevada	Elections for 2023 Steering Committee Let it Begin with Me (Al-Anon)
4:00pm	Gold Rush A Suite 2600-2604	Spoken Word (Poetry Slam) Unity Tea Time
6:30pm	Emerald Ballroom	Recovery Countdown Meeting <i>with speakers Sunshine D. and Al-Anon Guest Speaker</i>
9:00pm	Gold Rush A Redwood Room	Silent Dance Drag Bingo





Schedule of Events

SUNDAY July 3

8:30am	Emerald Ballroom	Morning Guided Meditation: A New Beginning
9:00am	Emerald Ballroom Gold Rush A California	Spiritual Awakening (AA Steps 11, 12) Men's Meeting (AA) Forgiveness is for Yourself (AA/AI-Anon)
10:00am	Gold Rush A Oregon Nevada	Parenting (AI-Anon) Sober Kink Young People in AA
11:00am	Emerald Ballroom Oregon Nevada	AI-Anon Closing Meeting Grief in Sobriety Non-Binary Meeting
1:00pm	Emerald Ballroom	Closing Meeting <i>with speakers Zachary D. and Eric M.</i>
2:30pm	Emerald Ballroom	Raffle

WRLS 2022 Floor Plan

Courtesy of
Holiday Inn
Golden
Gateway



